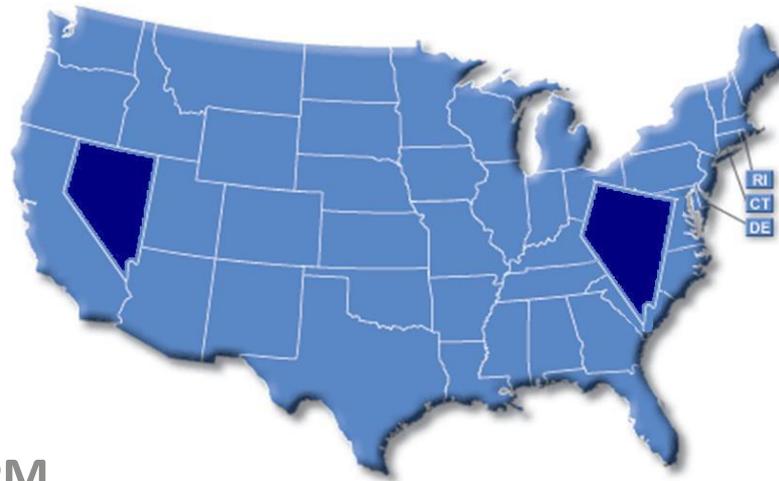


Nevada's, Care Partners Reaching Out (CarePRO) Project



Jeff Doucet, MBA, CPM

Nevada Aging and Disability Services Division

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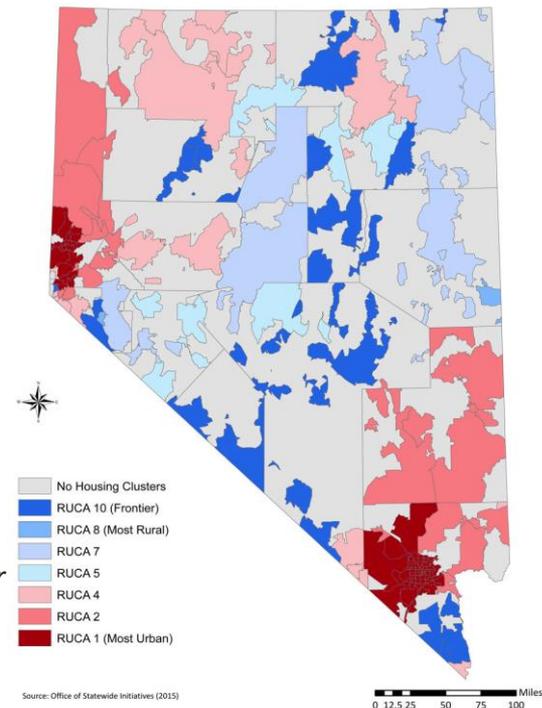
<http://adsd.nv.gov/>

CarePRO Project in Nevada

- **CarePRO:** Psychoeducational, skill building group based intervention.
 - 10 Week Session, five (5) group meetings and five (5) coach calls and follow-up assessments.
- **Eligibility:** a family caregiver for a person with ADRD, providing an average of 4 hours of care or supervision, feelings of stress or other upsetting feelings associated with caregiving.
- **Goal:** Offer a total of eight (**8**) CarePRO workshop series and serve **224** additional caregivers.

Project Details

- **Source:** Administration on Aging, 2009 *Alzheimer's Disease Supportive Services Program (ADSSP)*
- **Project Funding:** \$1,000,000 Federal Funding
- **Non Federal - Project Match:** \$583,996, Tobacco Settlement Dollars and Project Partners
- **Project Period:** 9/30/2009 – 9/29-2012
 - No Cost Extension: 9/29/2013
- **Service Areas:**
 - Alzheimer's Associations Chapters
 - Northern and Southern Nevada



Source: Nevada State Office of Rural Health, *Nevada Rural and Frontier Book – Seventh Edition January 2015*

Partners and Roles

Arizona Department of Economic Security: Guidance

Arizona State University: Evaluation, Training and Technical Assistance

Nevada Aging and Disability Service Division: Project Oversight and Administration.

Cleveland Clinic Lou Ruvo Center for Brain Health – Nevada:
Project Screening and Assessment

Alzheimer's Association – Service Delivery

- Desert Southwest Chapter: Southern Nevada
- Northern Nevada Northern California: Northern Nevada

Project Time Line Summary

- **Year 1 October 1, 2009-September 30, 2010:** System and Process Development, Fidelity to CarePRO, Hiring and Training Staff.
- **Year 2 October 1, 2010-September 30, 2011:** Service Delivery North and South.
- **Year 3 October 1, 2011-September 30, 2012:** Program Expansion, and Follow-up assessments (3 months, 6 months, and 12 months)
- **No Cost Extension:** Sustainability (Service Delivery Continued, Follow-up Assessments, and change in the assessments)

Recruitment/ Waves

- **Recruitment Methods:**
 - Brochures/ Flyers
 - Boots on the Ground
 - Word of Mouth
 - Social Workers and Community connections points
- **Northern – 10 Waves (98)**
- **Southern – 23 Waves (117)**
- **TOTAL Entrants: 215**
 - (1 participant entered twice)
- **TOTAL Completers: 189**
- **Completion Rate: 88 %**

CarePRO:
Care Partners Reaching Out



**Developing the Skills Needed to Care
for Someone with Dementia or Memory Loss**

- ♦ Are you a family caregiver residing in Nevada that helps care for someone with dementia or memory loss?
- ♦ Do you provide an average of 4 hours of care or supervision per day for that individual?
- ♦ Do you find caring for your loved one increasingly demanding of your time and energy?

**If so, CarePRO may be able to help you.
Through our free workshops, you will learn:**

- About dementia and its impact
- How to manage your frustration, irritation, and stress
- How to communicate with your loved one
- How to take better care of your own health

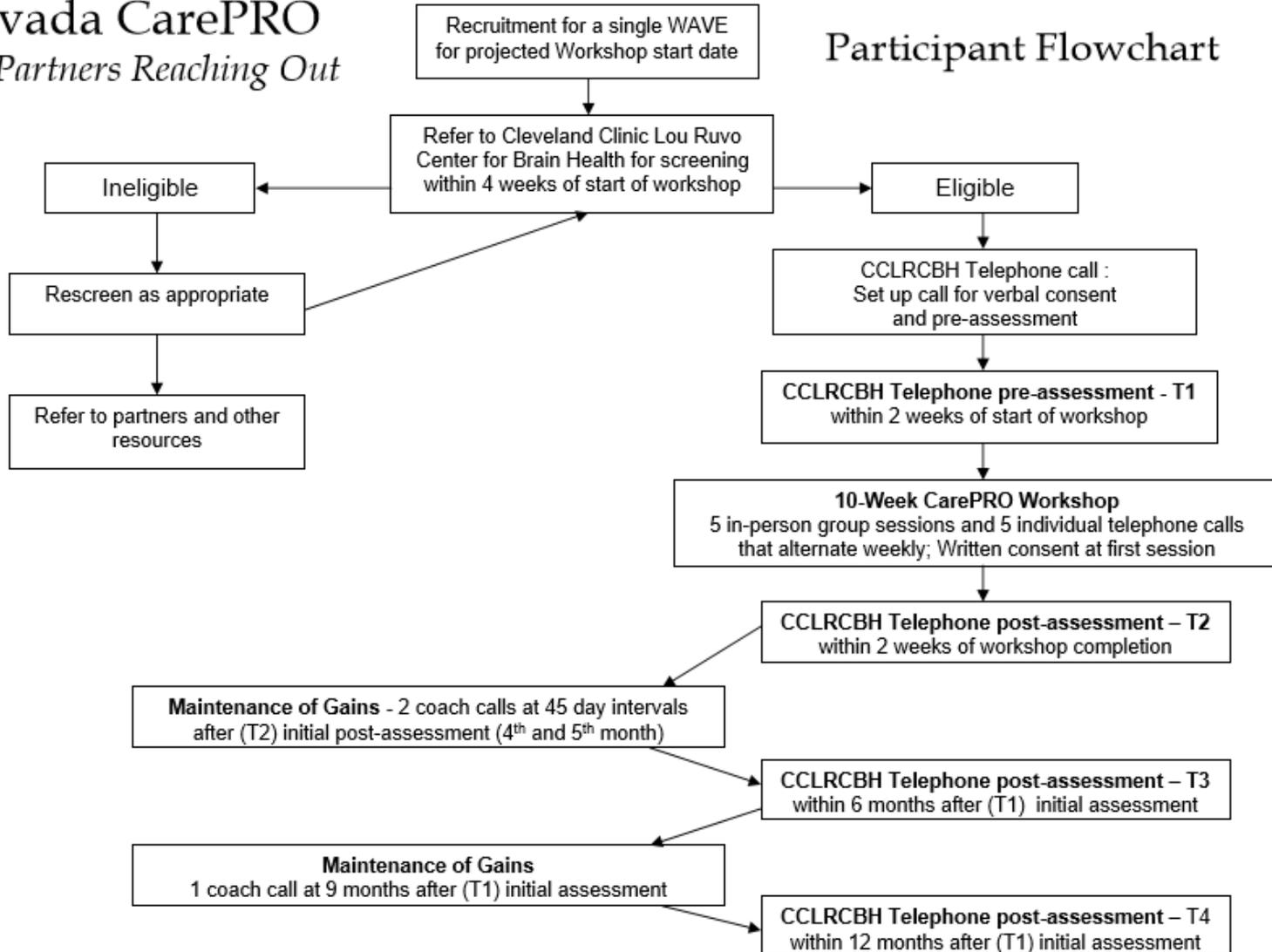
**For more information, please call:
Alzheimer's Association
1-800-272-3900**

Northern Nevada Office 775-786-8061
Southern Nevada Office 702-248-2770

**Cleveland Clinic Lou Ruvo Center for Brain Health
702-483-6023 or 888-810-5687
Please see reverse for details**

Project Flow Chart

Nevada CarePRO *Care Partners Reaching Out*



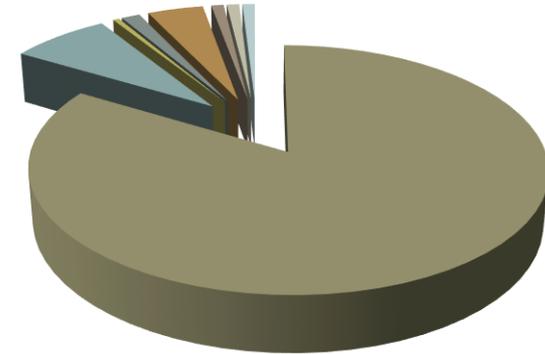
Participant Flowchart

Service Populations - Race

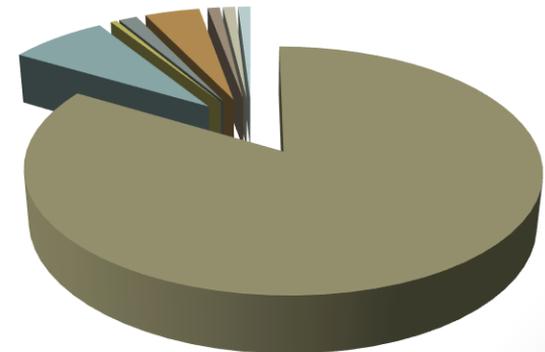
Person with Dementia		
	TOTAL	%
White - Non-Hispanic	179	83.64%
White - Hispanic	16	7.48%
American Indian or Alaska Native	1	0.47%
Asian	3	1.40%
Black or African-American	9	4.21%
Native Hawaiian or Other Pacific Islander	2	0.93%
Persons Reporting Some Other Race	2	0.93%
Persons Reporting 2 or More Races	2	0.93%
Race Missing	0	0.00%
TOTAL	214	100.00%

Caregiver		
	TOTAL	%
White - Non-Hispanic	181	84.58%
White - Hispanic	16	7.48%
American Indian or Alaska Native	0	0.00%
Asian	3	1.40%
Black or African-American	10	4.67%
Native Hawaiian or Other Pacific Islander	1	0.47%
Persons Reporting Some Other Race	1	0.47%
Persons Reporting 2 or More Races	2	0.93%
Race Missing	0	0.00%
TOTAL	214	100.00%

Person with Dementia



Caregiver



Service Populations - Details

	PERSON W/ DEMENTIA	CAREGIVER
Gender		
Female	91	192
Male	123	22
Geographic Location		
URBAN	198	198
RURAL	16	16
Missing	0	0
Relationship		
Spouse	121	121
Unmarried Partner	1	1
Child	77	77
Parent	1	1
Other relative	10	10
Non-relative	4	4
Relationship Missing	0	0
Veteran Status		
Veteran	69	11
Non-Veteran	108	166
Veteran Status Missing	37	37
Age of Person		
Under 60	6	68
60 and Older	208	146

Fidelity and Research

- David Coon, Ph.D; Arizona State University
 - Technical Assistance
 - Coach Calls
 - Team Meeting
- Cleveland Clinic Lou Ruvo Center for Brain Health
 - Screening
 - Informed/ Verbal Consent
 - Assessment
 - Follow-Up
- Alzheimer's Association Chapters
 - Signed Consent
 - Fidelity in Delivery
- Transition to Sustainability Model

Coordinated Close Out - No Cost Extension

- **Research:** Federal funds expended in No Cost Extension – Obligated for Arizona State University;
- **Collaboration on products:** Intervention Training Manuals and other materials needed to replicate CarePRO/NVC. Jointly produce a replication kit for dissemination;
- **Separate Final Reports:** incorporate some shared analysis related to findings, with both Final Reports to include a translation report and cost analysis.

Challenges and Opportunities

- **Administrative** - Contracts, IRBs, Competing programs, “Add on” even with new hires, staff turnover and training
 - Increase Initial timelines: Planning, Training, Set Up
- **Recruitment – “Turning Point”**: Number of Waves, comparison between Programs, Area; Stress Factor.
- **Other Programs or Services**: Looking for something else...

Current CarePRO

- **Funding:** Older American Act and State Tobacco Settlement
- **Modification to “Sustainability” Model:** Pre and Post, and Delivery.
- **Service Area:** Northern Nevada and Southern Nevada
- **Turning Point:** Word of Mouth, Waves

Contact Information

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Questions

